

COMPARING TREATMENTS	Abstinence	Moderation	Free/Free Components	Group Setting	Individual /Private Setting	Online Component	Peer Moderated Group	Therapist or Physician	Secular	Pharmaceutical	Youth Component	Support for Families & Friends	Stress Reduction
Detox	●				●			●	●	●			
AA (Alcoholics Anonymous)	●		●	●		●	●				●		
Alcoholics for Christ	●		●	●			●				●	●	
Alcoholics Victorious	●		●	●			●					●	
Buddhist Recovery Network			●	●		●	●						
Celebrate Recovery	●		●	●			●						
Dual Recovery Anonymous	●		●	●		●	●						
HAMS: Harm Reduction		●	●	●		●	●		●				
Jews in the Rooms			●			●	●						
Lifeline NYC			●	●			●						
LifeRing	●		●	●		●	●		●				
Millati Islami	●		●	●		●	●						
Moderation Management		●	●	●		●	●		●				
Overcomers Outreach	●		●	●		●	●						
Rational Recovery	●		●		●	●			●			●	
Refuge Recovery	●		●	●		●	●						
SOS (Secular Organization for Sobriety)	●		●	●		●	●		●				
Smart Recovery	●		●	●		●	●		●		●	●	
Women For Sobriety	●		●	●		●	●		●				
Adult Children of Alcoholics			●	●		●	●					●	
Al-Anon			●	●		●	●				●	●	
Alateen			●	●		●	●				●	●	
Families Anonymous			●	●		●	●				●	●	
NACoA (National Association for Children of Alcoholics)			●		●	●			●		●	●	
Smart Recovery for Family and Friends			●	●		●	●		●		●	●	
Acamprosate	●				●			●	●	●			
Disulfiram	●				●			●	●	●			
Baclofen (off label)		●			●			●	●	●			
Gabapentin (off label)		●			●			●	●	●			
Naltrexone	●				●			●	●	●			
Sinclair Method		●			●			●	●	●			
Topiramate (off label)		●			●			●	●	●			
Family Counseling					●			●	●		●	●	
Group Counseling				●				●	●				
Individual Counseling					●			●	●				
Coaching	sometimes	sometimes			●	sometimes			●				
Peer Recovery Support	●				●				●				
Art / Music Therapy					●			●	●				●
Meditation			●	sometimes	●	●			sometimes				●
Diet / Nutrition			●					sometimes	●				●
Exercise			●	sometimes					●				●